

INSTITUTO UNIVERSITÁRIO DE LISBOA

# THEORY IN SOCIAL WORK

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# **ANALISYS PLAN** RESEARCH **EPISTEMOLOGY THEORY MODELS TECHNIQUES INFORMED PRACTICE** ISCTE Natituto Universitário de Lisboa

### THEORY IN SOCIAL WORK

 In Social Work theory emerges in a dialectical relationship between theory and practice and through a reflexive practice.

## **Epistemological Questions**

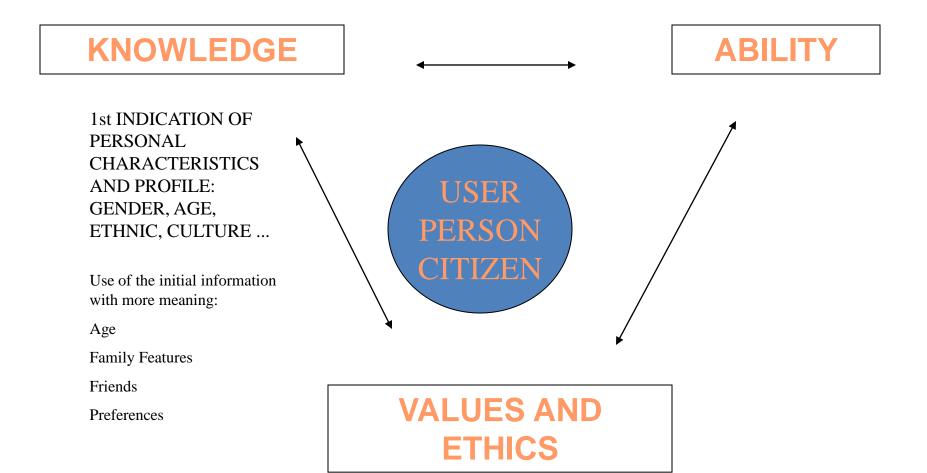
 Social Work theory is based on the epistemology recognized as doctrine of scientific knowledge, (relation theory and practice).

 Howe (1999) considers that theory is what allows us to define the ways of seeing the world and explain the behavior of people, objects and situations.

# Collins Dictionary of Social Work (1999[1995])

- Distinguishes three levels of theory in Social Work:
- the theories borrowed from Social Sciences;
- the theories about welfare systems, and
- the theories developed by those working in Social Work and related fields.

### 3 steps to practice social work



### Relationship theory/practice in Social Work

Source: David Howe (in Martin Davies, 2008)

### HUMAN BEHAVIOR SOCIAL CONTEXT

Some people have problems and some people are problems





There is nothing more practical than a good theory

HOW?

# Social Work intervention process in: jazz on swing

- 1. **OBSERVATION** (analysis of reality and complex social relations)
- 2. FORMULATION OF THE PROBLEM
- 3. **DESCRIPTION** (conceptual vocabulary about the observed and lived) how is the problem PROCESSED AND LIVED? CASE / SITUATION ANALYSIS
- **4. EXPLANATION** (establishment of causal interrelations between the various elements) what HAS TO BE DONE?
- 5. PREDICTION (indicates what may happen next)
- 6. INTERVENTION (suggests what to do and how to achieve CHANGE) objectives, goals, purposes, methods, techniques, resources

To induce theory from the practice and from the observation

Deduct from theory what to see and what to do

# ASSUMPTIONS FOR UNDERSTANDING REALITY

## **Understanding Reality**

- Nowadays there are some mistakes in the professional field in the domain of understanding the model of the state and society, in particular the Social Protection System.
- In this context we can put in debate, some elements, such as:
  - Providence State;
  - European Social Model;
  - Providence Society;
- Or a social protection system guided by the State budget. In this case a floating model.
  - What is the dominant understanding in Social Work?

#### 1st understanding domain of social reality

**Thought Currents (Classical and Contemporary):** 

Marxism

**Positivism** 

Structuralism

Systemic

**Ecological** 

**Economic currents:** 

Keynesian

Neo-Liberals

Liberals

#### **CURRENTLY THE PREDOMINANT THOUGHT CURRENT:**

**SYSTEMIC** 

**ECOLOGICAL** 

**STRUCTURAL** 

**Economic Currents:** 

Neo - Liberal

**LIBERAL** 

WHAT IS THE IMPACT ON THE SOCIAL WORK PROFESSIONAL PRACTICE?

# CIRCULAR THEORY OF KNOWLEDGETO

COLLIGWOOD (2005)

#### 3º estádio da Teoria Circular: conhecimento, competências e valores

Conhecimento

Legislação
Politicas
Procedimentos
Contexto organizacional
Recursos



Diferença; Diversidade; Poder Pessoal, Profissional, Escolha questões organizacionais Competências

Comunicação
Habilitações
Avaliação
Advocacia
Instrumentos técnicos:
(Informação e relatório
social)

Valores e Ética

# INFORMED PRACTICE IN SOCIAL WORK

# Practices are supported in scientific and theoretical-methodological knowledge

The Social Worker develops the intervention based on a theoretical methodological framework:

• The ultimate goal of Social Work intervention is to create opportunities for the development of individual and collective capacities so that each citizen can exercise its individual and social powers and responsibilities (Active Social Citizenship/Empowerment).

# Importance of the method in the construction of the scientific object:

- The method leads to a precision of the object of intervention, study and research.
- However the Social Worker presents difficulties in the definition of its object, namely in the process of definition of concepts and specific terminology, which calls for its deepening.

In other words, a research topic.

# ROLE OR PLACE OF THE RESEARCH IN SOCIAL WORK

### Research in Social Work

• The changes and transformations that take place in contemporary society impose to Social Work the use of research as a safe and rigorous way to interpret social reality and its complexity in order to find effective and adequate responses to its object of intervention.

### **THANK YOU**

### **JORGE FERREIRA**